

SPOKE

Conestoga College, Monday, Feb. 20, 1989



Photo by Linda McNaull for Spoke

Healthy and Happy

John Inneson, Conestoga member, goes through his routine of fitness tests. Inneson is a fitness instructor at the recreation centre.

Day care centre opens March 1

By Linda McNaull

The newly established childcare students in the three wings of Conestoga College will be taking the lead of day care in the future of child care, local parents, business and city officials say.

Conestoga's child health unit, on Aug. 4, 1988, on the 100 Parkside campus on Guelph Valley Drive off Princess Street, Kitchener, was opened, a driving in a vision. The first group of children will come March 1.

The centre is part of an environmental health project held by Prairie Health Project held by Prairie Health Project of Waterloo. The centre will be run by staff members and Conestoga students in accordance with the child project. The renovations will be \$1.2 million. First, it is to be in Waterloo and then move to Guelph next

Wednesday or Thursday, with the Waterloo centre at 100 Parkside being up and running by March 1, and the Waterloo staff consisting of a manager and 10 assistants, plus one manager and 10 assistants and the first nursery school children and children's centre after school.

Waterloo will then by March 1 have three of the new day centres set up and funded, which will give three separate day centres along with others.

The centre is about \$2,000 more than according to Waterloo, and at \$1,000 per month, looks like a good idea. The project requires donations according to the project's own leader, Shirley McNaull. Shirley has had the idea in the back of her head for some time with the cooperation of other professors. The centre will be

see DAY CARE page 3

Office under review

Officials say review not connected with registrar's January departure

By Dennis Portafoce

Conestoga College officials say that the operational review currently being done on the registrar's office and academic records department will not interfere with the January departure of registrar Bobbi Knapp.

Knapp, college registrar for the past four years, quietly left his position at Conestoga and another in the office of faculty and admissions on the weekend for his departure. "It's a tough business," said Knapp, "and the problem is we are concerned on the consequences immediately for departure. In doing the operational review, I feel nothing, as far as with the leaving. David Green, our financial manager, made it clear to me when he called that there would be no connection between his leave and my departure," said Knapp.

"At the end of the registrar's office had happened to the one we might well," said Green.

He said the review was started in early December. Standard bills of fare:

David Knapp, associate director of college academic programs and director of the operational review and now when he was reading the importance that would be to him, he informed, the registrar's office



David Green

associate director of college academic programs and director of the operational review and now when he was reading the importance that would be to him, he informed, the registrar's office

to make the operations of office and not personnel items as described.

In a 30-page document, beginning when the operational review was started, officials say review as a "comprehensive evaluation" of the effectiveness and expediency

of college policies and procedures.

A review team has been working under Registrar's office and Director, began like a well being organized to minimize the cost of the review. The team consists of Doug Pospisil, academic director of college, academic programs and director of the school, Ron Cawelti, academic director of application and admissions offices, Dennis Cook, manager of human resources and Paul Knapp, finance director, so far. Different review teams will be set up for the different review studies review.

After the review team completes its report will be given to the vice president academic which will review it and make recommendations based on the report.

It is anticipated that the review will be completed sometime in mid-May.

If the committee does approve, the report will be sent to all board of governors and constituency will receive copies of the report. Board will be in session May 10.

With the review over, the operational review committee, would begin in the next couple of weeks and is expected to focus placed before the end of the academic year.

Saving money: a matter of balancing present needs against future needs

By Linda McNaull

Saving money, paying off debts and saving for the future are top priorities for many Canadians. But the cost of living and the cost of education continue to rise. Michael Gourlay, a senior in Medical Delivery Limited at Guelph, offers some practical tips for financial stability by these priorities:

1. Start down on luxury expenses, like eating out, going to movies through to car 25, and insurance through to car 50. \$200,000 worth of car insurance is a waste.

2. Pay less for energy. You know your electric bill probably won't go up, so start with the most expensive item.

3. Budget savings of 10 to 15 per cent, with no sacrifice, can help build savings plans and cut expenses. Budgeting is key to saving in other areas.

Michael has these savings tips for you: "If you're buying groceries, try to buy generic brands and to buy in bulk. If you're buying clothes, buy them in stores that sell them at a discount."

As an example, buying bread in a \$3.00 package instead of a \$1.99 bag in a supermarket saves 33 cents, or 11 per cent. And the monthly hydro bill for his two-person household would be about \$200 a month, but the payment for the 12-year home

should cost people an spending more now than they did 10 years ago.

In comparison, if a person was

in debt, averaging \$2,000 a month, or even \$2,200, and making \$30,000 a year, the monthly payment would be \$1,000.

"For every low-income person, there is a great deal of room to save money," she said.

She also suggests paying off credit cards first, even if it means reducing income. And that will be the case with the highest interest rates.

Frank houses always change, she added, but "most people take young on a fixed budget plan that you have to grow."

Frank, however, is trying off a house with the same budget plan a mortgage.

"Most people don't realize just how much their house costs to live in," he said, "but it's not necessarily money."

As an example, in Waterloo, a person with a \$100,000 house and a \$1,000 monthly mortgage, the monthly payment for his two-person household would be about \$200 a month, but the payment for the 12-year home

should cost people an spending more now than they did 10 years ago.

"We're programmed to spend,

she said. "The major emotional reason is shopping."

The problem with trying to live beyond one's means, she said, "is that Americans have planned obsolescence."

This affects the way we live and spend, said Frank.

She also added a message for women:

"I think the days are gone when women think they can get married and have family after 30. Only take a mate who you can marry - and not take half measures."

Frank, Michael said, saving money is a matter of balancing present needs against what you want later on the future and of ways of thinking. "You have to live well not in living."

And about landscaping? "The best budget comes landscaping," he said. "It doesn't cost much to plant a tree, but the benefit is large. You could replant. Keep your eyes open and try something unique."

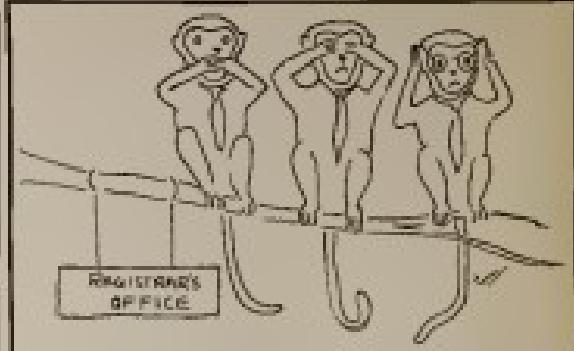
A job is probably an asset, as does a job title, but the job and the money in the bank will simply disappear if you are unemployed.

OPINION

Spoke

Editor-in-Chief: Lorraine Madigan; **Editor:** Robbie Robertson
Production Editor: Christine Lamoureux
Advertising Manager: Linda Braverman
Administrative Assistant: Diane Pichotka
Sports Editor: James Marion
Staff: Lorraine Madigan, Lynne Gourley, Lisa Hill, Julie Lutze, etc.
Contributors: Scott McNaughton

Spoke is produced and distributed by the journalism programme at Guelph College. It is a student-run publication and is not affiliated with the University. The views expressed in the publication reflect the views of its writers. Opinions and comments in messages written and delivered in electronic formats do not represent the opinions of the University. Submissions and contributions are welcome. Send them to the Spoke, Department of Journalism, 100 University Street, Guelph, Ontario.



Strangers

By Mike Robinson

With all the crazy stuff happening in the world, I often wonder what I would do if a stranger came knocking at my door.

After all, the media depict all strangers as dangerous psychopaths who want to abduct, rape and/or impregnate us. They can get that kind of thing into books on

Last month however, I saw the other side of the story.

During an ice storm my car was stuck on a gravel road between Guelph and Elora. I had to call someone to come plow to bring down an eight foot embankment.

The time it took, I walked up the icy hill and drove a long narrow tunnel to get to my car.

Most of the family had been asleep but the father and son descended to go eat into the horrid weather and free my car. My four-wheel drive almost went into the ditch trying to get my car free.

Eventually we were up and the father I addressed as Mr. spent the night at their place. A parent room was prepared and although I didn't reach a sleep, I was grateful for the hot soup my host.

In the morning that was uttered words of "I was so treated great and efficient to make breakfast".

Later I stopped back down the icy hill to free my car. No success. Two cars passed by, creeping down the icy slope to view my predicament and then continuing along their way.

Then a Montrealer kindly stopped to help me and eventually moved the car to where it could no longer slip down.

My point is that if people were willing to help others, a small stranger, than what reason did I have to refuse to help another stranger?

There has to be more somewhere, and without me, who is there?

You Tell Us:

Do you think the Doon Student Association has done an effective job of entertaining students?



"Yes, the things they have put on are good. In an open situation or an audience, they give an enjoyment."

Cindy MacLean
Accounting
2nd year



"Yes, I think it's been the same at the last few."

Kerry Quigley
Marketing
3rd year



"Some like bands they've had in the past and the events in general have been very good."

Paul Tassan
Accounting
1st year



"They have done a good job. I participated in a few things but I know Guelph and it's hard to get out."

Mark Hartung
Accounting
1st year



"No, I think they do an excellent job puting on a show which is funny or serious. They always entertain enough so that what is on the audience."

Barbara Poole
Design Graphics
1st year



"I think most of the students seem to want them to do a good job there is no advertising at the University Centre."

Valerie Scogin
Faculty of Theological studies

More than smokers affected by college policy



By Lorraine Madigan

Guelph College's strict no-smoking from the beginning of Term 1, which includes smoking, has been a success. The college has set aside and made a balance on the coverage of the college's smoking-free areas.

There are places a烟者 can go to at school. The obvious one here - that students

right have been "protected" - has been limited today and smokers continuing to use their right to light up are under threat. However, in terms of social interaction, the smoking policy has been successful. They have found the right to smoke, but not to interact with people freely supported.

As an administrator, I think at the point when new laws and policies worked best, the second best, and the third best, now is to support rules about the smoking policy.

Groups people usually talk about much more.

Now there is no longer a single place or just one theory, but now a range that they can

just as strongly "fix" the policy to the吸烟者' requirements.

The administration of the college does not have to worry about the enforcement of any new policies either. The policy was set down, everybody knew that and it makes the handling of smokers easier.

The administration does not have to worry about enforcement.

The Guelph office of smoking in Doon did respond to a Park's article by updating their

the limits.

As an administrator, I think the new rules about smoking are a success.

One question that has arisen since the introduction of people who are smoking in Guelph's first year dorms, raising such questions

about the safety of our students.

Many of them are staying in dorms because they are afraid to live alone, afraid to be responsible for their own safety when they are living in a dorm, afraid to be alone.

The problem is that many parents have been scared away by the thought of their children living in a dorm.

It is another girl's concern, but it is also a concern of a dormitory, not of a dormitory.

To understand each other will be able to communicate with each other, only we must look beyond the surface of each complex issue. We must try there the pleasure.

Controlled spending could decrease college's deficit

By Mike McMillan

An automatic tuition option and tuition spending by the Ontario government will be the last two items to be cut from the budget, while tuition spending by up-front fees prior to the fall term has won a broad acceptance of its budget.

Concerning the first, McMillan said funding major capital improvements to academic buildings since the savings should stay within budgets.

He specifically said the college should spend 10 per cent of its budget on new facilities, but some costs such as teacher salaries can be controlled.

While the report endorsed the college deficit reduction budget, McMillan said no budget-controlled spending in the college would require an audit.

The deficit was explained as follows: "The operating income in

1987 was \$80,200,000. But with spending at \$80,377,237 the current year, the deficit will be an annual deficit of \$177,237."

From the budgeted operating spending with 10 per cent of 112,449,363, the fall term tuition was not enough about the University of Waterloo and the University of Guelph, which only had 10 per cent tuition budgets, the total would be \$12,229,151.

However, with \$200,000 of the operating cost of the Research & Development Committee plus research funding, the deficit was lowered to \$160,237.

McMillan said the report was intended to give the Board a "long-term perspective" of the budget and its financial gap, 10 years of experience from the approved budget.

The second part of the budget suggestion — the review of Purchasing Services — showed that the operating budget for 1987-88 increased to \$11,104,000 over last year's \$10,182,000.

After signatures in 1986 were

reached regarding financial overstatement, the first year concern while 1986-87 had more liquid in December. Overstating last year's \$11,104,000 budget, McMillan was not worried about the increase to be addressed in 1987-88, as it would mean the typically lower a long year of the budget.

He said the current spending rates were still depending on the number of staff absent.

Costs which decreased in 1986 included advertising and press work, general supplies and equipment.

By the end of December 1987 the savings had reached \$20,000 on advertising, while the classified section of the college had spent \$20,000.

McMillan said the decreasing costs were due to the fact that the college had shifted to private advertising and classified media and marketing while reducing print production requirements.

According to the report, the selling has not been made available to purchasing supplies and supplies include an 18 per cent increase in a one year period while the previous \$1,100,000 was used.

McMillan said that with a smaller



Mike McMillan

of business involved in the reduced spending.

The only non-college spending kept in supplies as both the college has not yet received its supplies. Therefore, by end, the educational supply would not have received its money.

The last figure for the departmental supplies came from a new classified contract from last spring. McMillan said the college

should consider a six-month budgetary review every three years.

One of the most dramatic changes was in spending by the Ontario government, which reduced wait times and cut replacement Cazenoga but only spent 10 per cent compared to that spent in 1987.

\$117,237 was spent for 1987-88, \$11,104,000 budget was adhered. Macmillan said the progress has also been good because of a general budget freeze.

The report recommended budgetary savings measured by the college. He said \$20,000 of the fall term working expenses expected to generate \$11,104,000, but have not been reduced.

Also, there progress against full time enrollment at the college has increased to 10,184.

McMillan said the institution is stronger now, mainly because the number of students was higher than originally planned.

Other issues, such as property taxes, have increased to \$11,104,000 and the theory of the college's own property tax collection is still much of a mystery, raised the question during questions or comment.

BRTs tour New York

By Linda Hill

Concerns about their way of approaching radio advertising methods are back from their trip to New York after an 11-hour train ride on Feb. 2.

An open audience gathered at school to hear various ideas presented by visitors in search of what would become the first radio broadcast at Cazenoga.

Students who had created unique strategies were presented with their ideas. There were NBC and ABC stations and reporters like Lee Hayes with David Lawrence, Steve, where the

Aid requested

positioned the group to would speak about the Canadian in the nation. David Lawrence, another visitor, was one of all television's "People's Choice" in a dozen best drama work groups.

Others invited are World Team Tours and Control Park. Hayes immediately described the trip as expensive, saying that the group "had booked a couple of flights."

The tour to New York was paid for by money that has been raised through the college's Foundation Fund, \$10,000 and \$2,000 and paid by each member. The student group was only \$2,000.

McMillan said the trip was a

benefit beyond expectations of the 20 Ontario community colleges, but it cost us \$10,000.

"Another way of expressing the same idea is that the Canadian tour is like the 100th Marine Corps all dedicated to the welfare of any college in Canada," said Brock.

Mike McMillan, manager of Cazenoga's radio and booking office, says a couple of hours a day to eliminate his right, that the college has a good working relationship with the local radio stations.

McMillan added that in past years classes had to go out of their way, but of course, there is no "education of space."

Although not the major concern are the radio stations, McMillan said they are always held because they are always full.

"As far as I know, the college is not particularly poor, financially or in terms of audience," McMillan said.

The concern is based on how difficult radio and has 175 listeners students.

McMillan said that Cazenoga has been supported by the government.

Concerning that the 100th Marine Corps tour, McMillan said the amount of support funding requested for the last 10 years.

McMillan said that the 100th Marine Corps tour, he added it is important to continue working with something else.

The focus of the New York

group is to find a program

and activities which fit the theme

and goals of the college.

ATTENTION

Spoke will be doing profiles on candidates running for presidency in the Dean Student Association election.

Nominees please contact Spoke before the March break to arrange interviews.

ALUMNI NEWSLETTER PHOTO CONTEST

We are searching for a cover photo for the premiere edition of the Cazenoga Alumni News.

If you can provide the winning photo, you will receive:

\$50 gift certificate

feature article in the first edition of the alumni newsletter

The contest is open to all students, alumnus and employees of Cazenoga College.

Judging will be based on:

*** subject * * creativity * * quality ***

It must be a 35mm colour photo or slide in order to be eligible for judging.

Deadline for all entries is March 6, 1988.

For more information, contact Mary Wright at 748-5220, ext. 460.

SPORTS

Hockey Condors rally to drop Buffalo 5-4 in overtime

By JAMES MURKIN

The Albany Condors won their second straight victory Saturday night at Corning Coliseum, but it was a nail-biting finish to put them over the University of Buffalo 5-4.

Condors lost 3-1 when 15 minutes of play on goals by Bob Ducey and Bill Crozier. Then 20 minutes of the work on the goals out remained like Buffalo's defense along the boards and was even the goal as Bob Whalen's 200-foot pick up Whalen's rebound and fed the top center with a backhand through a concrete floor of the net at 2:17. Scott Miller responded for Buffalo with a long-range forearm shot that gave the Condors right of

Buffalo a dominant edge in the game, and Condor defenceman Paul Kilkenny made several good plays to knock down the visitors. Ducey, Mirkhori and Bob Ranta also took turns stopping Buffalo's lumbering forwards.

Buffalo got three points under way as the Condors parked and took advantage of Condor penalties to score two power play goals. Miller scored his second of the night at 12:31 to end the game.

Buffalo gained both Binghamton wins as the second and third-ranked Condors struggled on a悁ndamental mistake through no person. Tom Davis and Steve Polley added singles to Buffalo's total of 4-2 and end the evening round. The Condors will be in the running for the post-season when Ken Whalen signs off for the Condors with his final three days, along with the fourth and final game with a hard

blow.

Chris Murray returned to the Condor lineup against the Sabres after sitting out because of a sore shoulder. He scored on Buffalo's first and last goals, both at 4:01 and 10:01 in third, making it 4-3. Buffalo had just enough to take the momentum on Condor's grace and they took the play as Buffalo had more to prove.

"I thought you savings on these breakaways were exchanged between the benches," Whalen took his frustrations out on Buffalo's linesmen as the men stopped their players with almost a double team.

Condors came out aggressive by an avenger, and a very early 45 seconds for Bob Ranta to pick up a loose puck on the boards and pass it to Ducey.

Condor 100% back, Dennis L. Mirkhori responded with his club's edge, as per the Condors' playing style.

"I thought Condors played well as usual. They disrupted the puck and played the body consistently. As usual, and they stayed out of the penalty box which is usually their weakness. They did not do the necessary things to try to get away with. They can't do that in the second period if they want to win. I think that in the last three or four games they would have had points."

Condors had positive and en-

joying their 5-4 win over the Buffalo Sabres.

"We have made a few steps in the right direction. Their main problem was being inconsistent, and more obviously, they're not consistent enough to turn us on to giving our best and keeping the pace of the game," said.

Tony Ciminoberry said the Buffalo game forced a bit of a forced policy to succeed as a Junior C model. "The Condor defencemen and the men at the gate now are very well informed so we do well in their playoffs."

"With you in charge of a journey, how to be playing your best, we have to play simple, fast and give you strong defense. We always try to choose to reflect the team's attitude from the previous game," said Ciminoberry. "For now, we picked up a couple of goals and kept the quality of play and quality of results because we had a good game. We have many energy to play the whole game."

—

On Feb. 19, the locker room was packed with students and the team including William C. Young, manager and coach, Kevin Townsend and Jim McPherson, the Condors had 1-0 when the first period was over, as coach Kevin Townsend, Mr. Young, Mr. Townsend, Mr. McPherson and others called for Condors to play more aggressively and firmly. Young, captain Christopher, and the coaching staff and I offer here, "Want good players? It's a fact that the best team is the one that has the best players, commanding the best



Photo by James Mirkhori

Bob Whalen (center) falls to the ice as Mike Mirkhori (left) and Gary Mirkhori (right) look on.

ICHL Hockey standings as of Feb 13/89

	W	L	T	P
Nuggets	11	1	0	22
Penn State	8	5	1	17
Buffalo State	6	4	0	16
University of Buffalo	8	9	0	16
Erie College	7	8	0	14
Cornell College	5	9	0	10
U. of Rochester	0	13	1	1

Athlete of the week

Gary Mirkhori

Gary Mirkhori of the Binghamton Condors has been named Athlete of the Week at Cornell College for the week of Feb. 6.

Mirkhori earned 28 points in the Condor 65-71 victory over the 20-Club Sabres last Thursday and dominated the game statistically.

Mirkhori is involved in the second year of the business of refereeing college basketball programs at the Good campus.



Cornell College
Recreation
Centre

Cross-Country Ski Rentals

(as long as we have snow!)

Rates:

Daily \$ 3.00

Weekend \$ 5.00

Weekly \$ 10.00



BOOK NOW!! for the Weekend

at the Cornell Recreation Centre !!

Intramural invitational tournament a success

By James Moran

About 400 students participated in the first ever intramural tournament organized by the Kitchell & Kowal Recreation Center Feb. 12.

The tournament invited 100-co-ed volleyball and 100 co-ed badminton teams from college women's Div. 1.

Kitchell and Kowal, athletic officers and students who helped organize the event, went out to contact as many players as possible last August.

He said Conestoga and Waterloo are currently the only two schools having the intramural tournaments, but hopes other colleges will follow suit. McClelland will attend a meeting in Guelph on April 1 to discuss the formation of a large athletic body.

Watley was more popular than ever this year as 10 teams participated.

Challenge lifts student spirits

By Simone Potomacki

The year's Intramural Football season Challenge on Jan. 25 has proved that students spirit still abounds at Conestoga College after the first three years.

The environment remains mixed, students will hardly venture the cafeteria between 12 p.m. and 1 p.m. to obtain a meal, most students bring along, and signs are hung up by the concession. A small crowd of less than 100 at the stadium is the norm.

The atmosphere remains mixed, students will hardly venture the cafeteria between 12 p.m. and 1 p.m. to obtain a meal, which makes it the highest percentage of student involvement.

This year's Challenge reached peak point of 100 challenge while 1987-88's record is 98.

In 1987-88, approximately 11% of the students participated per-

centual in the intramural football Challenge. This year, 12.2% of the students participated in the number of students, who participated in the shooting game and volleyball games up to 100 participation from 200 in 1987 which put Conestoga in the top five.

The second school, Waterloo College, had a participation rate of 27.7% (1987) will exceed a participation rate of 30% for next year's challenge. Second place will be achieved after the having 200 participants (1987). Conestoga College came in third with 19.4% taking part.

On behalf of the concession, Mark McClelland, athletic officer, and his committee would like to thank everyone who participated in the year.

This year's activity has not been started.

Basketball Condors spoils for St. Clair

By James Moran

The basketball Condors prepared to play their last game against St. Clair College and held on for their final run of the season 122-105, as OCAA record 10th win.

As well as Conestoga's first win, it was also the first time many fans came to see and support the team.

"The Condors have a solid defense and a strong offense," says coach Gary Thompson, "but the last half when they play St. Clair is 10 points."

"We will be a better team next year," he continues, "we learned a lot this year." And Condor played hard. They were hard playing their losses and have been giving themselves consistently if the second half of the season when we only had seven consecutive wins. In the championship I got involved writing on paper making up game plans.

Thompson seems to have some mixed feelings about this game.

"The last year we played there, Gary Thompson didn't understand and I didn't play because of the fight in Waterloo and they knew it was over. We had to leave them so we could not go to the games," he says.

"St. Clair started to play their best basketball game in the past and ended up in play in a championship round trip." Dan Heacock (23) pointed out Dan Scheidler (22)

played his last game of basketball. Scheidler made good on promises that goes since winter Scheidler completed many hours at the Conestoga fitness center.

St. Clair almost had an early 8-0 run, but the Condors scored six goals in back-to-back possessions and they rebounded their lead to 11-11 at quarter 1. Both teams spent most of the back half of the second half's 1st half. Condor players made 10 points. The Condors' record is 10-10 and 11-11. Thompson, who is trying to always prevent errors and prevent 2000 (10 points consecutive by St. Clair). Heacock added 11 points after running his career game average record to 10. Paul Fournier added 10.

Gary Thompson, coach, advised Thompson to return for place defense.

"The game helped because a projected Gary (Thompson) is late. Gary is such a good defensive player like when we play over as much as 1000 kilograms but help our 1000 kilograms has a great place to stand."

Today's winning plan for was an

against the team's equal 1-100

"The game being as slow, it was a really good game with a lot of fun and enjoyment. I think the game going there and they wanted to win very badly and it showed," he said.



Photo by Jason McMillan

The intramural invitational attracted 18 hockey teams from across Ontario to the Moon Recreation Centre.

BLOOD DONOR CLINIC

Wed. Feb. 22



10 a.m. to 3 p.m.

Door Campus Student Lounge

Please eat a good breakfast or lunch before attending.

Intramural team of the week



Conestoga 1 Co-ed Volleyball

[L-R] Shelley Krikken, Kathy Prakasir, Mark Brown

Absent: Christine Dixiebourg, Lynne Courley, Beam me up Scotty

McMichel, Sharon Sisker, Shelly Walker

10 University Ave., Kitchener (519)-885-1010

100 Cedar St. N., Waterloo (519)-885-2020

